

Dance Lessons

STEPPING TOGETHER

A romantic way to prepare for a lifetime of waltzing together is to take dance lessons before your wedding. You and your partner will be the center of attention on the dance floor during your special day, but if that isn't incentive enough, consider the additional closeness the two of you can develop by sharing a wedding-related activity that doesn't involve appointments and interviews. Below are the steps to getting started!

1 Think about the type of dance you would like to perform for your first dance as husband and wife. Fox Trot? Salsa? Waltz? Tango?

List your top 3 choices:

.....

.....

Pick your song—make it a short one. If it's too long, you'll get tired and your guests will become bored...keep it short and sweet!

List your final song choice:

3 Practice your song on CD. You can often find different versions to practice to if you don't have the recording from your band. Once you learn the final moves from your dance instructor, practice as much as possible at home.

Write your practice schedule here:

For a truly finished performance piece, plan your start and your finish. Your instructor will help you with the details, but if you practice a great ending and a great beginning, everything in between will come together.

5 Finally, plan for the unexpected. Once you're out there, there's no turning back! Have a great time...even if you miss a few steps. Chances are, no one will notice, and you'll come of looking like the pros you trained to become!

